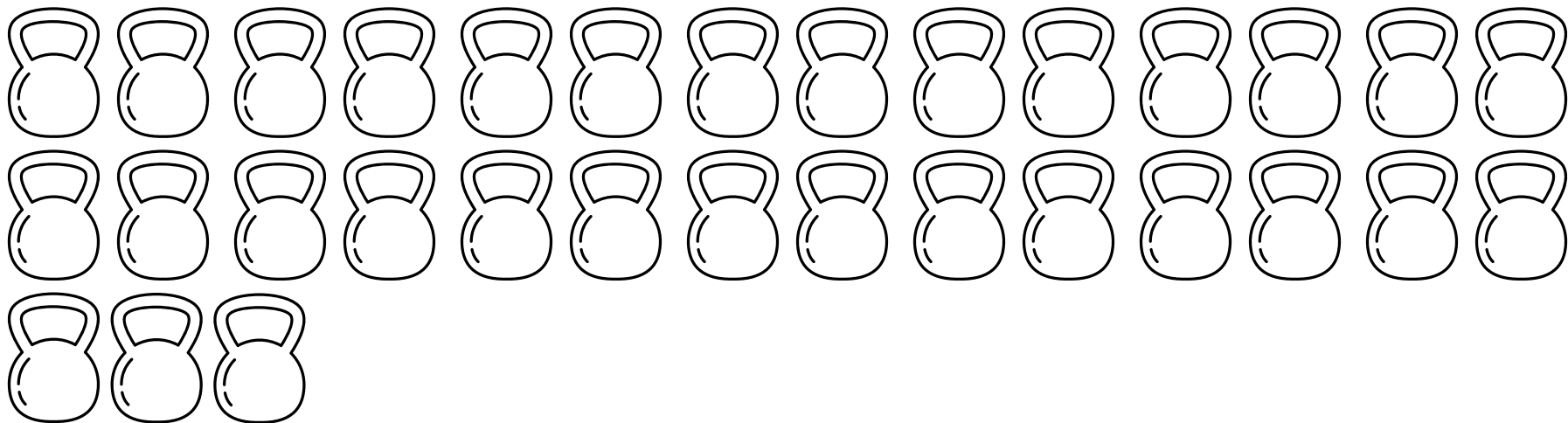


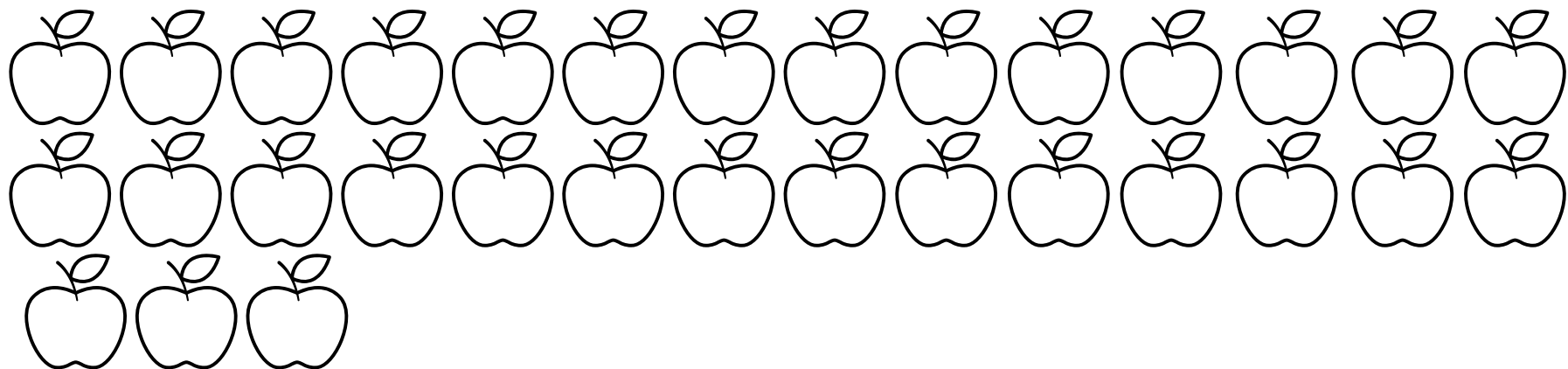
Ring In the New Year



Movement Goal: _____



Nutrition Goal: _____



Personal Goal: _____

