



November Menu 2



MONDAY

Breakfast	Breakfast Burritos
Lunch	Apple Pecan Fall Salad
Snack	Peanut Butter and Apples
Dinner	Easy Chicken Taco Soup

TUESDAY

Breakfast	Breakfast Burritos
Lunch	Left Over Soup
Snack	No Bake Energy Bites
Dinner	Easiest Slow Cooker Pulled Pork

WEDNESDAY

Breakfast	Breakfast Burritos
Lunch	Apple Pecan Fall Salad
Snack	Deli meat and cheese rolls
Dinner	Use left over Pulled Pork For Tacos

THURSDAY

Breakfast	Breakfast Burritos
Lunch	Apple Cranberry Chicken Salad
Snack	Pumpkin seeds
Dinner	Breakfast for Supper (Eggs, Pancakes etc)

FRIDAY

Breakfast	Breakfast Burritos
Lunch	Apple Cranberry Chicken Salad
Snack	Protein Shake
Dinner	Keto Cauliflower Pizza Dinner Casserole

