

# Watermelon Cucumber & Feta Salad

Servings: 4

Prepping Time: 15 min

## Ingredients

- 1 mini watermelon (approximately 4 cups), rind removed and cubed
- 2 Persian cucumbers (approximately 1 cup), sliced
- 3 ounces feta cheese, cut into cubes
- 1 tablespoon chopped mint
- 1 tablespoon chopped basil
- 1 lime, juiced
- Kosher salt and fresh ground black pepper to taste
- Olive oil to taste



## Directions

- In a large serving bowl add the watermelon, cucumber, feta, basil and mint. Squeeze the lime over the salad, drizzle with olive oil and season with kosher salt and fresh ground black pepper. Stir to combine. Taste for seasoning and serve.

### Nutrition Information:

#### YIELD:

4

#### SERVING SIZE:

1

*Amount Per Serving:* CALORIES: 122 TOTAL FAT: 5g SATURATED FAT: 3g TRANS FAT: 0g UNSATURATED FAT: 1g CHOLESTEROL: 19mg SODIUM: 199mg CARBOHYDRATES: 17g FIBER: 1g SUGAR: 13g PROTEIN: 4g